

2019 WINTER SERIES

CROSS COUNTRY

Race Number	Date	Start Type	Host Centre	Venue	Program
1	04-05-2019	Scratch	Cockburn LAC	Manning Park - Spearwood	A
2	18-05-2019	Handicap	Southern Districts LAC	Piney Lakes - Winthrop	B
3	08-06-2019	Scratch	Melville LAC	Troy Park - Attadale	A
4	22-06-2019	Handicap	Dale LAC	Southern Hills Christian College - Bedforddale	B
5	07-07-2019	Scratch	Bunbury LAC	Shearwater Nature Reserve - Usher	A
6	20-07-2019	Handicap	UWA LAC	Perry Lakes Reserve - Floreat	B
7	03-08-2019	Scratch	Hamersley LAC	Whitfords Nodes Park - Hillarys	A
Championships	17-08-2019	Scratch	Belmont LAC	Garvey Park - Ascot	Special Program

SUNDAY - SCHOOL HOLIDAYS

Athletes must compete in a minimum of 4 events to be eligible for the Championships

ROAD WALKING

Race Number	Date	Start Type	Host Centre	Venue	Program
1	11-05-2019	Scratch	Gosnells LAC	Maddington Central - Maddington	A
2	25-05-2019	Handicap	WA Athletics Officials Club	Perry Lakes Reserve - Floreat	B
3	15-06-2019	Scratch	Belmont LAC	Maida Vale Primary School - Maida Vale	A
4	29-06-2019	Handicap	WA Athletics Officials Club	Perry Lakes Reserve - Floreat	B
5	13-07-2019	Scratch	Kingsway LAC	Wanneroo Districts Netball Association - Kingsway	A
6	27-07-2019	Handicap	WA Athletics Officials Club	Perry Lakes Reserve - Floreat	B
7	10-08-2019	Scratch	Rockingham LAC	Carpark behind Mike Barnett Basketball Stadium - Rockingham	A
Championships	24-08-2019	Scratch	Cockburn LAC	Adventure World Car Park - Bibra Lake	Special Program

Athletes must compete in a minimum of 4 events to be eligible for the Championships

