

WALA Non-Smoking Policy

Little Athletics understands the harmful effects of smoking on health, fitness and performance in sport, and as a result has adopted the following Policy:

- **ATHLETE/PARTICIPANTS** are reminded that smoking adversely effects performances and are prohibited from smoking at all whilst engaged in Little Athletics activities.
- **COACHES AND OFFICIALS** are reminded of their responsibility as role models particularly with juniors, and are asked to refrain from smoking whilst associated with our sport.
- **PREMISES** and competition areas should be declared smoke free zones – smoking permitted only where a special smoking area is designated.
- **SPECTATORS** are reminded smoking is inappropriate behaviour in a sporting environment and are asked to respect our Smoking Policy.

VISITING ATHLETES, COACHES, OFFICIALS AND ADMINISTRATORS are also asked to respect our Code of Behaviour and Non Smoking Policy